



Las Marías

Tacos y Pupusas

EL MEJOR
SABOR CASERO



LASMARIASNC.COM

1600 RONALD DR. RALEIGH, NC 27609
919.977.9097 | 919.977.8149

APERITIVOS



GUACAMOLE
6.25



WINGS
15.99



NOPALES
5.99



ELOTE PREPARADO
5.99



CHORIZO DIP
7.25

- CHEESE DIP | 5.75
- GUACAMOLE | 6.25
- CHORIZO DIP | 7.25
- NOPALES | 5.99
- WINGS 10 PCS | 15.99
- ELOTE PREPARADO | 5.99
- SWEET PLANTAINS | 9.99

TACOS

(Our house specialty, the best tacos with handmade tortilla)

- ASADA | 4.25
- AL PASTOR | 3.99
- LENGUA | 4.99
- CHICHARRON | 3.99
- TRIPA | 4.75
- CHORIZO | 3.99
- POLLO | 3.99
- CARNITAS | 3.99
- CAMPECHANO | 4.50
- TACO CUERITO | 3.99
- BUCHE | 3.99
- TACOS DE BIRRIA DE RES | 18.99



TACOS DE BIRRIA DE RES
18.99

TORTA ALPASTOR
14.99



Al pastor meat, refried beans, guacamole, cheese, onions and cilantro

HUARACHE

(Lengua, Tripa, Campechano + \$1)
large sope Mexican style, beans, meat of choice, lettuce and cheese **7.49**

PUPUSAS

Chicharron, chicken, revuelta, loroco and beans. **4.25 each**

SOPES

(Lengua, tripa, campechano + \$1)
Maseca sope, beans, lettuce, cheese, beef to your taste, cream, cheese, and tomatoes **6.99 each**

TAMALES

Chicken or Pork **6.49**

BALEADA ESPECIAL

Homemade flour tortilla, stuffed steak, beans, sour cream, cheese, and eggs **13.99**

POLLO CON TAJADAS

Fried chicken leg & thigh, green plantains, curtido, and mayochipo on top **14.99**

GRINGAS

Flour tortilla with cheese, Al pastor, or steak **9.99**



POLLO CON TAJADA
14.99



PUPUSAS
4.25 EACH



SOPES
6.99 EACH

"These items may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness"

TEX MEX

ACP | 12.99

Chicken, rice, and cheese dip on top

ACC | 15.99

Rice, shrimp, and cheese dip on top

BURRITO ARRACHERA | 18.99★

Stuffed with Arrachera, rice, beans, avocado, pico de Gallo, tomatillo sauce and cheese

BURRITO BANDERA | 16.99

Stuffed burrito with chicken, steak, bell peppers, onions, rice, beans, topped with cheese dip, tomatillo sauce, and burrito sauce

BURRITO NORTEÑO | 18.99

Stuffed burrito with shrimp, chorizo, pineapple, onions, cheese, rice, pico de Gallo, and cheese dip on top

ENCHILADAS VERDES | 16.99

Three chicken enchiladas, topped with green tomatillo sauce, beans, sour cream, and cheese

ENCHILADAS SUIZAS | 16.99

Three chicken enchiladas, topped with Suiza sauce, rice, cheese & sour cream

QUESADILLA FAJITA

Stuffed with your choice of meat, grilled onions, tomatoes, and bell peppers served with rice, lettuce, guacamole, sour cream, and pico de Gallo

Chicken-14.99-Steak 15.99-Shrimp 16.99

FAJITAS

Your choice of meat, cooked with onions, tomatoes, and bell peppers served with rice and refried beans with cheese, guacamole salad, sour cream, and 3 flour tortillas

Chicken-17.75-Steak 18.99-Shrimp 19.99

QUESADILLA TEXANA | 22.75

Stuffed with Steak, chicken, and shrimp. Grilled onions, tomatoes, and bell peppers served with rice, lettuce, guacamole, and pico de gallo

PARILLADA MAR Y TIERRA | 27.99★

Steak, chicken & shrimp, chorizo, nopales, served with rice and beans

FAJITAS DEL MAR | 25.99

Shrimp, octopus, filet, crab meat, served with rice, beans, salad and 3 flour tortillas

FAJITA TEXANA | 25.99

Steak chicken and shrimp served with rice and beans, lettuce, guacamole, sour cream, and pico de Gallo with 3 flour tortillas



QUESADILLA TEXANA
22.75



BURRITO ARRACHERA
18.99



FAJITAS DEL MAR
25.99

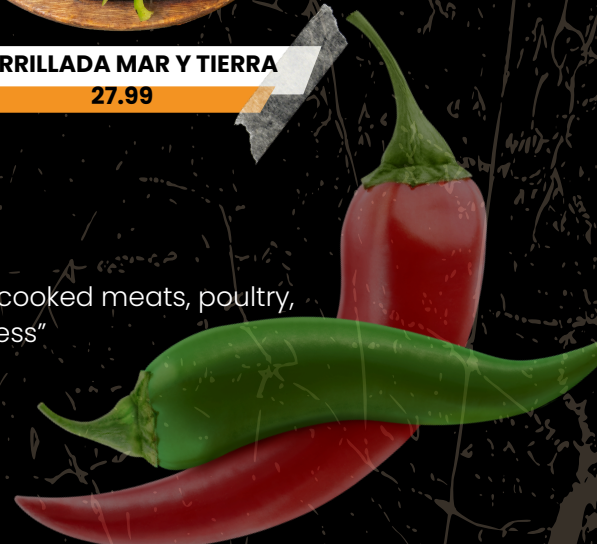


ACP
12.99



PARRILLADA MAR Y TIERRA
27.99

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ESPECIALIDADES



1 WHOLE CHICKEN
27.99

POLLO BRASA

Choice of 2 Sides: rice, fried plantains, french fries, refried beans, salad, and charro beans

1 Whole Chicken | (8 tortillas) 27.99

1/2 Chicken | (4 tortillas) 14.99

1/4 Chicken | (2 tortillas) 11.99



TORTA CUBANA
15.99



PIÑA LOCA
25.99



CARNITAS SURTIDAS
18.99



TACOS DE CANASTA
14.99



LENGUA EN SALSA VERDE
24.75

MILANESA DE POLLO | 17.99

Breaded chicken served with rice and salad

POLLO A LAS MARIAS | 21.75

Grilled chicken and shrimp, served with rice, cheese dip, and salad

PUERCO CON NOPALES | 20.00

Carnitas and nopal, served with tomatillo sauce, rice, and beans

CARNITAS | 16.99

Our delicious homemade carnitas served with rice and beans

CARNITAS SURTIDAS | 18.99 ★

Carnitas, cuerito, buche served with rice and beans

TORTA AHOGADA | 14.99

Bread stuffed with Carnitas, topped with house tomato sauce

TORTA CUBANA | 15.99

Bread, stuffed with Ham, milanesa, eggs, cheese mayonnaise, avocado, beans, lettuce and guacamole

CHILES RELLENOS | 15.99

Breaded stuffed poblano peppers with mozzarella cheese served with rice and beans

Add meat 3.99

TACOS DE CANASTA | 14.99

6 tortillas stuffed with chicharron, potato, chorizo and refried beans with tomatillo sauce on top

LENGUA EN SALSA VERDE | 24.75

Sautéed tongue, tomatillo sauce, served with rice, beans, cilantro, onions

CARNE ASADA | 21.99

Premium skirt meat served with rice beans and salad

Add Shrimp | 7.00

RIB EYE | 25.99

Premium rib eye steak, served with vegetables and french fries

MAR Y TIERRA RIB EYE | 34.99

Premium rib eye and bacon wrapped shrimp, served with vegetables & french fries

BIRRIA DE RES | 19.75

Homemade beef birria, rice, beans, cilantro, and onions

PIÑA LOCA | 25.99 ★

Stuffed pineapple, steak, shrimp, chicken, bell peppers, onions, diablo sauce, fries, salad, and beans

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CALDOS



CALDO DE RES
17.99

MENUDO | 17.99

Beef belly broth served with cilantro, onions, and corn tortillas

CALDO DE RES | 17.99

Beef broth, corn, potato, carrots, squash, served with tortillas and rice

CALDO DE POLLO | 15.99

Homemade chicken soup served with rice and tortillas

CALDO 7 MARES | 29.99

Shrimp, octopus, squid, clams, mussels, crab legs, fish soup, served with rice



MENUDO
17.99

BIRRIA DE RES EN CALDO | 20.99 ★

Traditional beef stew, Birria served with cilantro, and onions

CARNE EN SU JUGO | 17.99

Beef, beans, special stew, onions, cilantro served with 2 cheese quesadillas

POZOLE | 16.99

Traditional pork stew and hominy corn served with, lettuce, onions, cilantro and tostadas



CALDO DE POLLO
15.99



BIRRIA DE RES EN CALDO
20.99

MARISCOS

CAMARONES A LA DIABLA | 19.99 ★

Spicy shrimp served with rice, beans and salad

CAMARONES AL AJILLO | 19.99

Garlic shrimp served with rice, beans, and salad

CAMARONES AL CHIPOTLE | 19.99

Shrimp braised in chipotle sauce, served with rice, beans and salad

CAMARONES A LA PLANCHA | 18.99

Grilled shrimp, rice, beans and salad

CAMARONES BRASA | 24.99 ★

Grilled shrimp marinated in our house seasoning, served with white rice and salad

CAMARONES CUCARACHA | 23.99

Fried shrimp and spicy sauce

MOJARRA FRITA | 17.99

Fried tilapia served with rice, beans, and salad

Add Shrimp | 6.00

FILETE EMPANIZADO | 16.99

Breaded tilapia served with rice, beans, and salad

Add Shrimp | 6.00,

FILETE A LA PLANCHA | 16.99

Grilled tilapia served with rice, beans, and salad

Add Shrimp | 6.00

COCTEL DE CAMARONES | 19.99

Shrimp, tomato, onion, cilantro and special house sauce

COCTEL CAMPECHANO | 22.75

Shrimp, octopus, cilantro, onion, tomato in our special house sauce

CAMARONES AGUACHILES | 19.99

Shrimp marinated in lemon juice and hot sauce

CAMARONES AL TAJIN | 25.00

Shrimp marinated with Tajin

TOSTADA PULPO ENAMORADO | 8.49

Octopus with onions, tomatoes, and our Mayocho sauce

PULPO BRASA | 25.99 ★

Grilled octopus marinated in our house seasoning served with salad and white rice

TOSTADA DE CAMARONES | 7.99

Raw shrimp cooked in lime juice, pico de Gallo and avocado

TOSTADA PLAYERA | 8.99

Shrimp, octopus, avocado, onions, cucumbers, and hot sauce

TOSTADA CAMPECHANA | 8.99

Shrimp cooked in lime juice, octopus, pico de Gallo and avocado

OSTIONES NATURALES (12) FOR | 22.00

OSTIONES NATURALES (6) FOR | 14.00

OSTIONES PREPARADOS (12) FOR | 35.99

OSTIONES PREPARADOS (6) FOR | 19.99



CAMARONES BRASA
24.99



CAMARONES A LA DIABLA
19.99



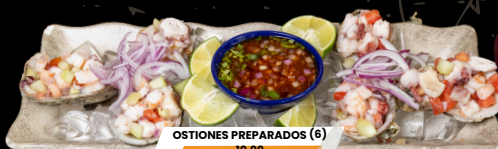
FILETE EMPANIZADO
16.99



COCTEL CAMPECHANO
22.75

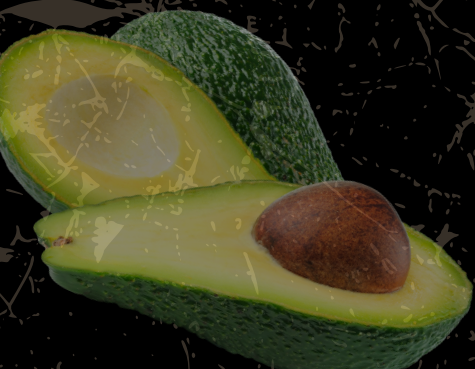


PULPO BRASA
25.99



OSTIONES PREPARADOS (6)
19.99

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LUNCH

Lunch is served from 11:00 am to 3:00 pm Monday-Friday

LUNCH ACP | 9.75

Chicken, rice, and cheese dip

LUNCH ACC | 10.49

Shrimp, rice, and cheese dip

POLLO FUNDIDO | 12.99

Grilled chicken strips, chorizo topped with cheese dip, served with rice and beans

LUNCH CHIMICHANGA | 8.99

Fried tortilla stuffed with shredded chicken, cheese dip, salad, and rice or beans

ENCHILADAS SUIZAS | 10.75

Two chicken enchiladas topped with suiza sauce, sour cream, and onions, with rice or beans

ENCHILADAS DE MOLE | 10.25

2 chicken enchiladas, topped with homemade mole, served with rice and salad

LUNCH FAJITA

Choice of meat, sautéed onions, and bell peppers served with salad and rice or beans

Chicken 11.99, Steak +2, Shrimp +3

QUESADILLA DELUXE | 9.99

8" flour tortilla, stuffed with shredded chicken, rice and salad

FAJITA QUESADILLA

Stuffed 8" flour tortilla, with choice of meat, grilled onions, tomatoes, and bell peppers, served with rice and salad

Chicken | \$11.99, steak +2, shrimp +3

BURRITO ESPECIAL

Stuffed with rice, beans, choice of meat, sour cream, pico de Gallo, and guacamole

Chicken | 12.99, steak +2, shrimp +3

CHILAQUILES | 13.99

Soft Nachos in red or green sauce topped with a choice of meat and eggs served with rice and beans

Steak +3

1/4 POLLO | 11.99

Leg & thigh rostizado served with rice and charro beans

LUNCH CARNITAS | 11.99

Carnitas served with rice and beans

LUNCH CHILE RELLENO | 11.99

1 stuffed Chile Relleno, served with rice or beans, sour cream, and queso fresco

CHORIPOLLO | 11.99

Grilled chicken, chorizo, cheese dip, rice and salad

LUNCH CARNE AZADA | 13.99

Steak, served with rice and beans

HUEVOS CON CHORIZO | 9.99

Scrambled eggs and chorizo, served with rice and beans

HUEVOS RANCHEROS | 9.99

Scrambled eggs, sautéed tomatoes, onions, served with rice and beans



1/4 POLLO
11.99



Steak Fajita Lunch
13.99



Enchiladas Suizas
10.75

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